

# Winter Menus Week 1- 4 2017

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
	Selection of Cereals, <b>GDA</b>	Toasted Teacakes Milk to Drink <b>GDA</b>	Selection of Cereals <b>GDA</b>	Porridge and Milk to Drink <b>DA</b>	Selection of Cereals <b>GDA</b>
	Chunky Sweet Potato & Chickpea Curry with Naan Mixed Fruit sponge & Custard	Pork and Apple Casserole with Mashed Potatoes and Peas Creamy Rice Pudding <b>DA</b>	Chicken, Potatoes, Cabbage Carrots & Yorkshire Puddings <b>GE</b> Fromage Frais <b>DA</b>	Ocean Crumble, Cauliflower and Green Beans Stewed Fruit	Chill-con-carne with Rice & Peas Bananas and Custard <b>DA</b>
	Malt Loaf Chicken and Sweetcorn Melts <b>GDAE</b>	Apples and Rice Cake Hash Browns and Beans <b>G</b>	Crackers with Spread Potato wedges, Carrot Sticks and Sour Cream & chive Dip	Orange & Raisins Pasta and Homemade Tomato Sauce <b>G</b>	Vegetable Sticks with Dips Muffin Pizzas <b>GDA</b>

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
	Toast & Milk to Drink <b>GDA</b>	Selection of Cereals <b>GDA</b>	Porridge with Milk to Drink	<b>Selection of Cereals G</b>	Toasted Fruit Loaf & Milk <b>G</b>
	Mushroom Stroganoff, <b>DA</b> Rice with Green Beans Poached Pears with Cream <b>DA</b>	Chicken and Leek pie, <b>DA</b> Carrots and Cauliflower, Apple Banana Flapjack <b>G</b>	Greek Lamb Casserole, Mashed Sweet Potato and Peas. Mandarin Cheesecake <b>GDA</b>	Beef Curry with Rice Apple Pie and Ice-cream	Tuna & Sweet corn Pie, <b>FDA</b> Cauliflower & Sweetcorn. Fruit Crumble with Natural Yoghurt <b>G</b>
	Vegetable Sticks with Dips Fish Fingers in a Bread cake <b>GF</b>	Crackers with Cheese Spread Rice & Lentil, Curry sauce	Cheese Cubes and Grapes Selection of Sandwiches with Salad <b>G</b>	Malt loaf Jacket Potato with Beans	Fruit and Vegetable Sticks Chunky Minestrone Soup <b>G</b>

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
	Selection of Cereals <b>GDA</b>	Toast & Milk to Drink <b>GDA</b>	Selection of Cereals <b>GDA</b>	Toasted Teacakes Milk to Drink <b>GDA</b>	Selection of Cereals <b>GDA</b>
	Cheesy Bean Pie with Shredded Cabbage and Carrots Peaches & Cream	Beef & Vegetable Stew with Dumplings <b>G</b> Date Slice <b>G</b>	Salmon En Croute, Cauliflower and Carrots Spotted Dick & Custard <b>G</b>	Roast Pork Dinner, Roast Potatoes Seasonal Veg, Fresh Fruit & Vanilla Yoghurt <b>DA</b>	Chicken and Chorizo Pasta Bake <b>G</b> Banana and Cinnamon Rice Pudding <b>G</b>
	Veggie Sticks and Dips Crackers with Ham, Cheese and Apple Slices <b>G DA</b>	Rice Cakes & Apples Pasta with Cheese Sauce <b>GDA</b>	Breadsticks with Dips Cornish Slice and Fruit <b>GDA</b>	Oranges & Raisins Homemade Pizza <b>GDA</b>	Cheese & Pineapple Loaded Potato skins & Salad <b>G</b>

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
	Toasted fruit Loaf & Milk to drink <b>GDA</b>	Selection cereal <b>GDA</b>	Porridge & Milk to drink <b>GDA</b>	Selection of Cereals <b>GDA</b>	Toast with Milk to Drink <b>GDA</b>
	Ham & Mushroom Pasta with Peas <b>GDA</b> Fromage Frais <b>DA</b>	Fish topped with Sliced Potatoes, Broccoli & Swede Pineapple Upside Down Cake <b>GEFDA</b>	Meat and potato pie, Mushy Peas & Gravy Fruit Jelly	Chicken Supreme with Rice and Peas Parkin	Savoury Mince with Yorkshire Puddings Chocolate Trifle
	Cheese Cubes & Grapes Jacket Potato with Cheese/Tuna <b>FDA</b>	Apples & Crackers Homemade Chicken and Vegetable soup	Fruit & Vegetable sticks Mackerel Pate Toast Fingers and Cucumbers Sticks <b>F</b>	Ricecakes and Cheese Spread Open sandwiches and Fruit Slices	Breadsticks and Salsa Spaghetti in Tomato Sauce